

Community Resources Available

Articles contained on this page are for the purpose of providing information about events or initiatives occurring in or bordering the Ramsey community. The City does not necessarily endorse nor subscribe to the beliefs, values, or political affiliations of any of the organizations that may present information in this document.

Alcoholics Anonymous: Meets Mondays at Lord of Life Lutheran Church, Youth Center, 14501 Nowthen Boulevard NW, Ramsey, at 7:00 pm. Please call 763-427-1100 for more information.

Alexandra House, Inc.: Business Office hours are Monday - Friday, 8:00 am to 4:30 pm. 24-Hour Helpline: 763-780-2330, Website: www.alexandrahouse.org.

Andover/Ramsey Moms Club: Visit our website momsclubar.wixsite.com/andoverramsey to find a chapter near you.

Anoka Area Early Intervention/Help Me Grow: Serves young children (birth-5) with developmental delays. To find out more or schedule an evaluation, call 763-506-6101 or email anoka.hmg@anoka.k12.mn.us.

Anoka County Family Caregiver Connection: We provide comprehensive services for family caregivers. We offer 1:1 coaching/counseling, information and referrals, support groups, caregiver training and family meeting facilitation. We also provide group respite care entitled "The Gathering" which meets at Zion Lutheran Church in Anoka. Call Jill at 763-324-1608.

Anoka County Traveler: Anoka County Transit, in conjunction with the Metropolitan Council, provides Transit Link dial-a-ride transit service. This service requires advanced reservations. Website: <https://www.anokacounty.us/331/Traveler-Transit-Link>

Anoka Women of Today: A dynamic group of women that focuses on community organization and serving the Anoka area. For more information visit www.anokawomenoftoday.weebly.com.

Chores & More Program: Helps seniors with housekeeping, minor home repairs and seasonal chores. Call 763-783-4767 to request service or to volunteer.

Family Promise-Anoka County: Empowering families experiencing housing insecurity to build a foundation of lasting independence. For more information or to volunteer, please visit www.familypromiseanoka.org.

Free Breast Cancer Screening: Is available for qualifying women who are over 40, meet the income requirements, and are either under insured or have no insurance to cover the cost of testing. Call MN Department of Health Sage Program at 1-888-643-2584 for more information.

Hospice Volunteers Needed: Allina Health, Hospice and Palliative Care is looking for volunteers; people who can give a few hours a week visiting with, running errands for and supporting patients and their families. For more information call 612-262-7108.

Inside Walking: Meets Monday through Thursday at 8:00 am at Lord of Life Lutheran Church, 14501 Nowthen Boulevard NW, Ramsey, Main Entrance. Call 763-427-1100 for more information.

Mediation and Restorative Services: Providing low cost or no cost conflict resolution services, and more, to Anoka County and the surrounding areas. For more information email info@mediationservice.org.

Metro North Adult Basic Education (ABE) Program: The volunteers at Metro North Adult Basic Education encourage, inspire and mentor learners to achieve their fullest potential. If you, or someone you know, is interested in volunteering or learning more about our classes, call 763-433-4221 or email matthew.miller@ahschool.us.

Northern Star Scouting: The Juvenile Division Program offers first-time youth offenders a positive alternative to juvenile court. The goal is to hold youth accountable for their actions while giving them the tools to ensure they do not re-offend. For more information or to volunteer, visit our website at www.northernstar.org/news/enavigator/juvenile-diversion.

Nutrition Program: Newly expanded guidelines will allow pregnant/nursing women, infants and children up to age five to participate in the Anoka County Special Supplemental Nutrition Program for Women, Infants and Children (WIC). For more information call the Anoka County WIC Program at 763-324-4230 or visit www.anokacounty.us/525.

Ramsey Lions Club: Please visit our website at www.e-clubhouse.org/sites/ramseymn for information about our club.

Senior Kindship Program: Senior (60+) volunteers make weekly visits to homebound/isolated seniors in their homes. Volunteers receive mileage reimbursement and if income eligible, they may also receive a stipend. If interested in having a Senior Companion or becoming a Senior Companion, call 763-783-4717.

Senior Information Line: is a phone service specifically designed to connect older adults or their family members to community services and resources. If you have any questions, please call 763-783-4707.

Senior Linkage Line: On Medicare, Medicare Supplemental Insurance and assistance filing insurance claims, call 1-800-333-2433.

The Arc Minnesota: Offers services and support for individuals with intellectual and developmental disabilities and their families. For more information call 952-920-0855 or www.arcminnesota.org.

Vision: <https://myvision.org/guides/aging-and-eyesight-guide> is a free digital resource that offers guidance to older adults to provide trusted information on eye health and vision.

Youth First: Promotes positive youth development in the communities of Anoka, Andover and Ramsey. Call 763-421-8530 or visit our website at www.youth1st.net.