

Ramsey Parks & Recreation

July and August 2019 Program Sampler

Want to learn more about current offerings or register?

Visit: CityofRamsey.com/ParkEvents



Line Dancing

Tuesdays, July 9 & 23, August 20 & 27, 6:30 - 7:30 pm, Park Center Building

Line dancing is a great way to meet new friends and pencil in some exercise. Learn popular patterns of steps to a variety of music. This class is suitable for all ages and levels. No partner required. Free to attend.



Candlelight Yoga

Wednesdays, July 10 - 31, August 21 & 28, 8:45 - 9:40 pm, Park Center Building

Guided Vinyasa Style of yoga that focuses on breath and movement. Practicing by candlelight creates a calming and relaxing atmosphere. All levels are welcome. Modifications will be offered. Free to attend.



Art in the Park

*Thursdays, July 11 & 25, August 1 & 15, 5:30 - 6:45 pm, The Draw

Travel around the world with Art in the Park! Enjoy live music at the summer concert series as your child creates an art project with a worldly theme from Australia, Mexico, Spain, and India. Free to attend.



Passport to Art

*Summer 2019, The Draw

Grab your passport and travel with art in 2019. Get your child's passport to art by attending Art in the Park on Thursdays, and get it stamped at each aforementioned event. Collect all the stamps and get a reward!



Pearson Park Dedication

Thursday, July 11, 6:00 - 8:00 pm, Pearson Park

Join the Ramsey Park & Recreation Commission in the dedication of Ramsey's new nature-based play park. Come learn more about nature-based play! Light refreshments and face painting provided.



Sunrise Yoga

Saturdays, July 13 - August 31, 8:30 - 9:15 am, Park Center Building

Start your morning on a peaceful note as you rise with the sun and experience the restorative powers of yoga. Classes will be held outside. This class is for all skill levels. Free to attend.



Elmcrest Art Fair

Sunday, July 14, 10:00 am - 4:00 pm, Elmcrest Park

Join the City of Ramsey for the third annual Art Fair! This free event will feature local food, art, artist demonstrations and introductory art classes. Be sure to bring your passport to art!



Zumba in the Park

Sundays, August 4 - August 25, 6:00 - 7:00pm, The Draw Amphitheater

Zumba is a dance group-fitness class that is fun, energetic and effective. This class features interval aerobic training and exercises to sculpt and tone your body as you dance! Fee is \$5 per class and is held outside.



Movie in the Park

Fridays, August 30 & September 6, 8:15 pm, Elmcrest Park

Bring your family and friends for a movie in the park! We will be showing *A Goofy Movie* on Aug. 30. On Sept. 6, will be showing *Home*. Movie will start 15 minutes after sunset. Free to attend. Concessions available.



2019 Photo Contest

2019

The City is searching for photos that highlight what you love about Ramsey. Think you have the perfect picture? Visit our website for more details or email photocontest@cityoframsey.com.